

CLASS SCHEDULE

GYM HOURS	8:00 AM-8:30 PM
CLOSED	2:00PM-3:30PM
PRO HOURS	11:00AM-3:00PM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00 AM - 11:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
9:00 AM- 10:00 AM	BOXING CLASS	BOXING CLASS	BOXING CLASS	BOXING CLASS	OPEN GYM
10:00 AM- 11:00 AM	BOXING CLASS	BOXING CLASS	BOXING CLASS	BOXING CLASS	OPEN GYM
11:00 AM - 2:00 PM	PRO HOURS ONLY				
2:00 PM - 3:30 PM	GYM CLOSED FOR CLEANING				
3:30 PM - 9:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
4:00 PM - 5:00 PM	BEGINNER BOXING	BEGINNER BOXING	BEGINNER BOXING	BEGINNER BOXING	OPEN GYM
5:00 PM - 6:00 PM	ADV. BOXING	ADV. BOXING	ADV. BOXING	ADV. BOXING	OPEN GYM
6:00 PM - 7:30PM	AMATEURS	AMATEURS	AMATEURS	AMATEURS	AMATEURS

*CLASSES ARE SUBJECT TO CHANGE